



MINNESOTA FOOD SHELF SURVEY



Your food shelf returned **24** surveys analyzed for this report.

Waconia United Food Shelf

WHAT CLIENTS TOLD US

TOP 5 FOODS CLIENTS WANT AT EACH VISIT FROM THIS FOOD SHELF

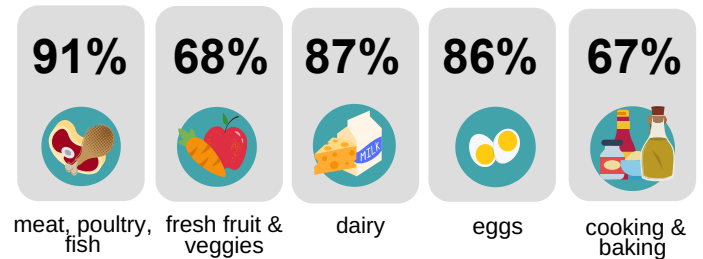


- 1 **92%** Fresh Fruits and Vegetables
- 2 **83%** Dairy (milk, cheese, yogurt)
- 3 **83%** Eggs
- 4 **75%** Meat, poultry, and fish
- 5 **67%** Cooking items (spices, oils, etc)

TOP 5 FOODS CLIENTS WANT STATEWIDE

- 1 meat, poultry, fish
- 2 fresh fruit & veggies
- 3 dairy
- 4 eggs
- 5 cooking & baking

PERCENTAGE OF CLIENTS THAT SAID THESE FOODS WERE **ALWAYS AVAILABLE** EACH VISIT AT THIS FOOD SHELF



82%

said they would like to provide more fruits & veggies for their family.



91%

said they know how to prepare many fruits & veggies.

59%

of clients reported getting **HALF or MORE** of their fruits & vegetables from this food shelf in the last 6 months.*

(* 29% missing response.)





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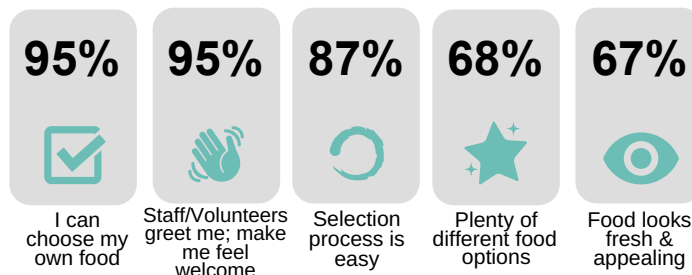
TOP 5 EXPERIENCES CLIENTS VALUE AT THIS FOOD SHELF

- 1 **75%** Choose my own food
- 2 **50%** Easy food selection process
- 3 **38%** Fresh and appealing food
- 4 **29%** Plenty of food variety
- 5 **21%** Greeted and made to feel welcome

TOP 5 EXPERIENCES CLIENTS VALUE STATEWIDE

- 1 I can choose my own food
- 2 Staff/Volunteers greet me; make me feel welcome
- 3 Selection process is easy
- 4 Plenty of different food options
- 5 Food looks fresh & appealing

PERCENTAGE OF CLIENTS THAT SAID THESE EXPERIENCES ALWAYS OCCURRED EACH VISIT.



100% said the food shelf hours are convenient.

87% said they would recommend this food shelf to a friend, family member, or neighbor.

87% visited their food shelf **once a month or more.**



78% have been using the food shelf for **1 year or more.**

65% of clients said they got **HALF or MORE of ALL their food** from the food shelf in the last 6 months.*



(* 29% missing response.)

55% STILL REMAIN FOOD INSECURE.



- Worried food would run out and/or;
- Food didn't last and didn't have money to buy more.



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WHAT CLIENTS TOLD US

FOOD INSECURITY

33% used **SNAP/ EBT** in the past 12 months.

+ **ADDITIONALLY,**
8% used school meals
4% used multiple food shelves
8% used WIC
0% used NAPS

BUDGET TRADE-OFFS BETWEEN FOOD AND OTHER BASIC NEEDS

In the past year, clients said they had to choose between **FOOD** and ...



38%

Utilities



25%

Transportation



21%

Housing



4%

Medical care / Meds



8%

Education

CHRONIC DISEASE

Has a doctor ever told you or someone in your household they...



45% Should lose weight



21% Have diabetes



37% Have high blood pressure



26% Have high cholesterol



55% Responded **YES** to one or more health condition.

(Percents may not total 100 due to prefer not to answer or missing responses)

DEMOGRAPHICS



RACE / ETHNICITY

- 60% White, Caucasian
- 10% More than one race
- 5% Hispanic or Latinx
- 5% African (e.g Somali, Ethiopian, Liberian, etc)

African (if listed): e.g. Somali, Ethiopian, Liberian, Eritrean, etc.

20% Prefer not to answer

GENDER

- 75% Female
- 25% Male

AGE

- 56%** of households <18 yrs include children
- 36%** of households 65+ yrs include seniors



Readers should note that **these data were collected prior to the Coronavirus Disease (COVID-19) pandemic** and do not reflect the potential impacts of COVID-19 on food shelf clients in 2020. Evidence from national data suggests that food insecurity has increased since the start of the pandemic*.

*Schanzenbach, D. W., & A. Pitts. (2020). How much has food insecurity risen? Evidence from the Census Household Pulse Survey. Institute for Policy Research Rapid Research Report. <https://www.ipr.northwestern.edu/documents/reports/ipr-rapid-researchreports-pulse-hh-data-10-june-2020.pdf>