

FOR DELIVERY ON _____

NAME _____

NEW CLIENT? Yes No

PHONE _____

ADDRESS _____

Would you like a reminder call on the date of your delivery?

Yes No



REQUEST FORM (mark which items you want)

Diabetic Gluten Free Vegetarian Other dietary restrictions _____

Food preferences _____

CANNED BEANS

total of 4

- ____ Pork & beans
- ____ Kidney beans
- ____ Black beans
- ____ White beans
- ____ Pinto beans

CANNED VEGETABLES

total of 3

- ____ Green beans
- ____ Peas
- ____ Carrots
- ____ Corn
- ____ Diced tomatoes
- ____ Mixed Vegetables

CONDIMENTS

pick up to 2

- ____ Jelly/jam
- ____ Mustard
- ____ Ketchup
- ____ Syrup
- ____ Salad dressing

BREAD *if available*

- ____ Buns
- ____ Sliced
- ____ Sweet

CANNED MEAT *pick 1*

- ____ Tuna
- ____ Chicken

CANNED FRUIT

total of 2

- ____ Peaches
- ____ Pears
- ____ Applesauce
- ____ Mandarin oranges
- ____ Mixed fruit

BREAKFAST/SNACKS

- ____ Cold cereal
- ____ Oatmeal
- ____ Pancake mix
- ____ Granola bars
- ____ Crackers
- ____ Cookies or candy

PRODUCE

- ____ Apples
- ____ Carrots
- ____ Potatoes
- ____ Onions
- ____ Salad greens *(if available)*

RICE *pick 1*

- ____ Brown
- ____ White

Misc. fresh veggies *(if available)*

Misc. fresh fruit *(if available)*

PASTA *pick up to 2*

- ____ Whole wheat long noodles
- ____ Reg. long noodles
- ____ Reg. elbow noodles

JUICE

- ____ 100% Juice

HOUSEHOLD

- ____ Dish soap
- ____ Laundry detergent
- ____ Toilet paper
- ____ Paper Towel

DAIRY

- ____ Eggs
- ____ 1% Milk, 1/2 gal
- ____ Butter/Margarine
- ____ Pkg. of tortillas

PANTRY *pick up to 4*

- ____ Peanut Butter
- ____ Macaroni & cheese
- ____ Spaghetti sauce
- ____ Hamburger Helper
- ____ Canned sloppy joes
- ____ Canned pasta

CANNED SOUP

total of 3

- ____ Tomato
- ____ Chicken noodle
- ____ Cream of chicken
- ____ Cream of mushroom
- ____ Vegetable

PERSONAL CARE

pick up to 3

- ____ Shampoo
- ____ Deodorant
- ____ Toothpaste
- ____ Toothbrush
- ____ Bar soap
- ____ Depends size _____

FROZEN MEAT *pick 1*

- ____ 1 lb. hamburger
- ____ 1 lb. ground turkey /chicken
- ____ Chicken

BAKING

- ____ Flour
- ____ Oil

For questions regarding registration, please contact the Food Shelf at 952-442-3878.